



# ČLOVEŠKO TELO

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Sledi spodnjim navodilom:

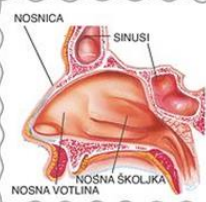
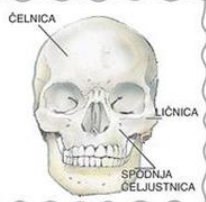
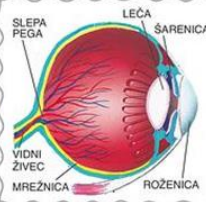
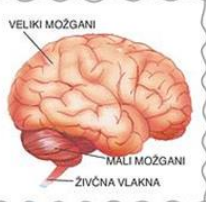
- Z desno roko rahlo "tapkaj" po licu in hkrati z levo roko po trebuhu. (nekaj sekund)
- Z desno roko "tapkaj" po licu, z levo istočasno kroži po trebuhu. (nekaj sekund)
- Z desno roko kroži po licu, z drugo "tapkaj" po trebuhu. (nekaj sekund)

Skušaj ugotoviti:

- katere dele telesa imamo,
- kako je zgrajeno naše telo,
- katere so najpomembnejše kosti,
- kako vemo, da imamo mišice,
- katere notranje organe imamo in kje v telesu se nahajajo,
- katera čutila imamo in kje se nahajajo.

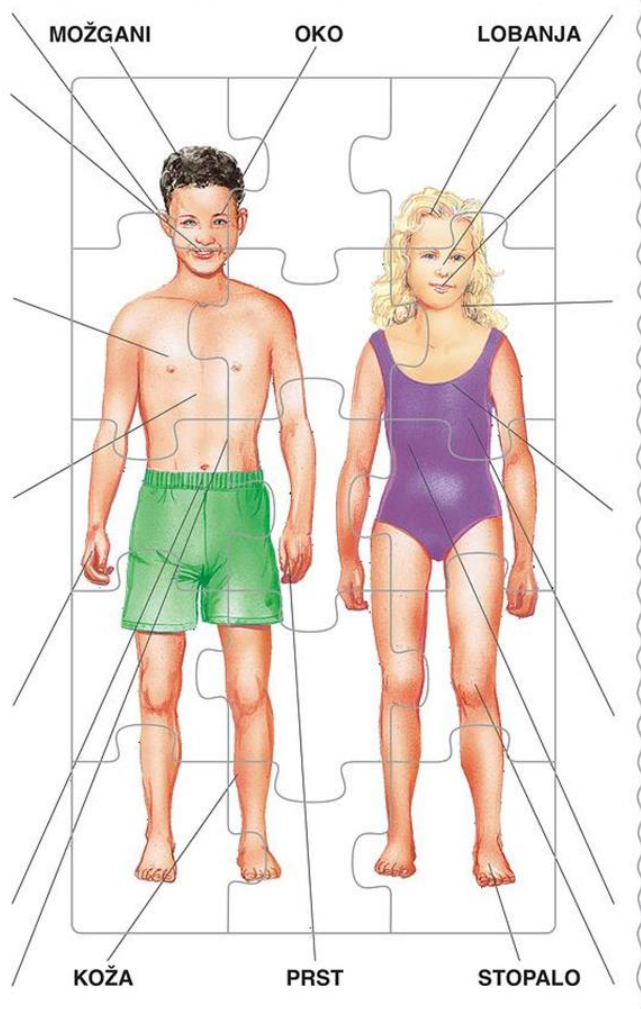
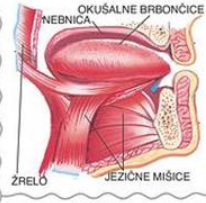
Pomagaj si s spodnjo sliko.

UHO

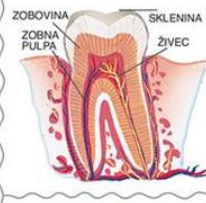


NOS

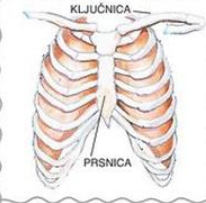
JEZIK



ZOB



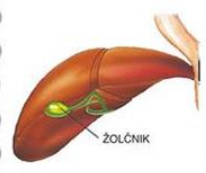
REBRA



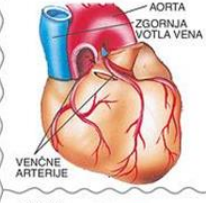
VRAT



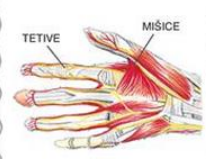
JETRA



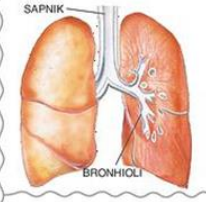
SRCE



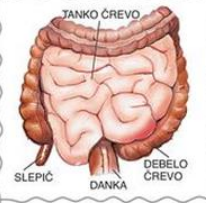
ROKA



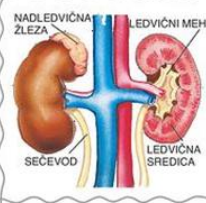
PLJUČA



ČREVESJE



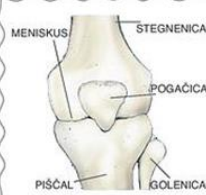
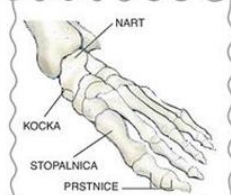
LEDVICA



ZELODEC



KOLENO




Da mi svoje telo ohranjamo zdravo pa moramo zanj tudi skrbeti.

- Kako skrbimo za svoje telo? (počitek in spanje, hrana in šport)
- Katere vrste hrane je priporočljivo uživati? (poglej si prehrambeno piramido)







Več si preberi v SDZ na strani 81 (izvedi tudi nalogi v zelenem okvirčku) in reši naloge na strani 82.